

WEST

西式精选

Inspired by the rest of the world, an individual set of 9 assorted cold dishes, a basket of fresh bakeries and the choice of main course.

融合世界各地美食，精选 9 种冷食拼盘，
一篮新鲜烘焙点心和主菜。

TRAY / 盘

- *Fruit compote* / 糖渍水果
- *Bircher muesli* / 瑞士麦片粥
- *Seasonal fruit* / 时令水果
- *Potato salad* / 土豆沙拉
- *Kale & Quinoa* / 羽衣甘蓝藜麦沙拉
- *Imported cheese plate* / 进口奶酪拼
- *Salmon gravlax* / 柠檬香草腌挪威三文鱼
- *Chicken breast* / 低温慢煮鸡胸肉
- *French brocoliande ham* / 法国布瑞林火腿

BASKET / 面包篮

Croissant / 法式牛角, **Almond Muffin** / 杏仁马芬,
Baguette / 法棍, **Pain au Chocolat** / 巧克力面包

MAIN COURSE / 主菜

①

Scrambled Eggs

西式炒蛋

Baguette, roasted tomato, poached asparagus
法棍, 烤番茄, 煮芦笋

②

Two Eggs Omelette

西式蛋卷

Tomato, asparagus, chich-qua, bacon, bel pepper, fromage blanc
番茄, 芦笋, 节瓜, 培根, 彩椒, 法式奶酪

③

Egg Florentine

佛罗伦萨式水煮蛋

Egg, Béchamel, spinach, mozzarella, croutons
鸡蛋, 芝士白汁, 菠菜, 马苏里拉芝士, 面包

④

Soft Boiled Eggs

67度低温煮蛋

Organic egg 67°C, brioche bread, bacon jam, ham
有机鸡蛋, 黄油面包, 培根酱, 法式火腿

⑤

Poached Egg

水煮蛋

Sweet potato cake, basil Hollandaise, avocado, crispy bacon, fresh sage
红薯饼, 绿罗勒荷兰汁, 牛油果, 培根, 鲜鼠尾草

⑥

Egg Benedict

鸡蛋班尼迪

Hollandaise, English muffin, ham or smoked salmon, poached egg
荷兰汁, 英式松饼, 法式火腿或烟熏三文鱼, 水煮蛋

⑦

English Breakfast

英式早餐

Eggs to taste, baked beans, roasted tomato, sautéed mushrooms, Cumberland sausage, crispy bacon
任选鸡蛋做法, 番茄焗豆, 烤番茄, 炒蘑菇, 猪肉香肠, 培根

⑧

American Breakfast

美式早餐

Eggs to taste, pancakes, hash brown, crispy bacon, sausage, French toast
任选鸡蛋做法, 薄煎饼, 薯饼, 培根, 猪肉香肠, 法式吐司

BUFFET / 自助

Cereals – Yogurt – Milk – Soya milk – Fresh juice
Toast – Assorted bakeries – Seasonal whole fruits

麦片-风味酸奶-牛奶-豆浆-鲜榨果汁-吐司-烘焙面包-时令水果

EAST

中式精选

Inspired by Beijing, an individual set of 9 assorted cold dishes and the choice of main course.

受北京特色启发，精选9种冷食拼盘和主菜。

TRAY / 盘

- *Hainan chicken* / 海南鸡, 姜蓉, 甜酱油
- *Stuffed lotus* / 桂花糯米藕
- *Steamed sweet corn, sweet potato, pumpkin* / 甜玉米, 紫薯, 南瓜
- *Five spiced beef shank* / 青瓜牛腱肉
- *Assorted marinated vegetables & tofu* / 卤水拼盘 (卤鸡蛋, 卤豆腐, 卤杏鲍菇)
- *Kimchi* / 韩式泡菜
- *Barley rice salad* / 青稞米沙拉
- *Asparagus salad, fresh walnut* / 核仁鲜芦笋
- *Steamed stuffed tofu, soy sauce* / 豉汁蒸酿肉馅豆腐

MAIN COURSE / 主菜

1

Barley Congee

青稞粥

Chinese pickles
中式咸菜

2

Wonton Soup

云吞

Pork dumplings, chicken aromatic broth
猪肉云吞, 鸡汤

3

Warm Soybean Curd

豆腐脑

Fragrant soy sauce, scallions, Chinese mushrooms, sakura shrimps, sesame oil
酱油, 葱, 香菇, 虾仁, 芝麻油

4

Lamb Soup

羊肉汤

Sesame paste, chili oil, preserved tofu, coriander, potato vermicelli
芝麻酱, 辣椒油, 酱豆腐, 香菜, 粉条

5

Beijing Pancake

煎饼

Flour paste, lettuce, ham, egg
甜面酱, 生菜, 火腿, 鸡蛋

6

Pan Fried Dumplings

锅贴

Leek, minced pork, rice vinegar
韭菜, 猪肉, 米醋

7

Noodle Soup

汤面

Chicken broth, Chinese flowering cabbage, sesame oil, white noodles
鸡汤, 菜心, 芝麻油, 面条

BUFFET / 自助

Cereals – Yogurt – Milk – Soya milk – Fresh juice
Toast – Assorted bakeries – Seasonal whole fruits

麦片-风味酸奶-牛奶-豆浆-鲜榨果汁-吐司-烘培面包-时令水果

NOURISHING

营养精选

High Fiber-High Protein

高纤维，高蛋白

Start your day off right, the menu items prepared here will give you energy, satisfy your appetite, and set the stage for smart decisions all day long.

帮助您开启崭新的一年，我们为您精心炮制如下健康早餐，提供充足能量，满足味蕾，让您充满精力，拥有高效工作的一天。

TRAY / 盘

- *Poached asparagus & Steamed vegetables* / 煮芦笋和蒸时蔬
- *Natto mixed salad* / 纳豆混合沙拉
- *Kale & Quinoa* / 羽衣甘蓝藜麦沙拉
- *Pumpkin & Carrot puree* / 南瓜和胡萝卜泥
- *Gluten free toast* / 无谷蛋白吐司
- *Salmon gravlax* / 柠檬香草腌挪威三文鱼
- *Chicken breast* / 低温慢煮鸡胸肉
- *Chia seed, Matcha, Coconut pudding* / 奇异籽抹茶椰奶布丁
- *Seasonal fruit* / 时令水果

MAIN COURSE / 主菜

- 1 Mediterranean Tofu**
炒豆腐
Zucchini, spinach, mushrooms
西葫芦, 菠菜, 蘑菇
- 2 Millet Porridge**
小米粥
Almonds, honey, roasted apple
杏仁, 蜂蜜, 烤苹果
- 3 Home Made Granola**
秘制早餐麦片
Cardamom, quinoa, cinnamon, hazelnuts, honey
小豆蔻, 藜麦, 肉桂, 榛子, 蜂蜜
- 4 Multi Cereals Bowl**
多种麦片碗
Oats, cottage cheese, almonds, organic yogurt, raw honey
麦片, 脱脂乳酸干酪, 杏仁, 有机酸奶, 蜂巢蜜
- 5 Egg White Omelet**
蛋白蛋卷
Asparagus
芦笋

BUFFET / 自助

Cereals – Yogurt – Milk – Soya milk – Fresh juice
Toast – Assorted bakeries – Seasonal whole fruits

麦片-风味酸奶-牛奶-豆浆-鲜榨果汁-吐司-烘焙面包-时令水果